



## 2025 Best Cases Submission Guidelines

The 2025 ISCD Conference on Skeletal Health Assessment welcomes the submission of Best Cases as part of this exciting event!

Best Cases will be submitted through the ISCD DXA Atlas, which serves as an archive of interesting DXA cases. Submissions will be open to both members and non-members during the open dates listed below.

Submissions for this meeting will describe original findings of clinical or scientific merit and relate to osteoporosis and/or fracture prevention, fall prevention, team-based care, skeletal imaging, diagnosis, or treatment.

### Important Dates:

|                           |                   |
|---------------------------|-------------------|
| Submission Period Opens:  | October 15, 2024  |
| Submission Period Closes: | December 16, 2025 |
| Best Case Notification:   | January 8, 2025   |

Those who submit are welcome and encouraged to attend the conference. Details and registration for the ISCD 2025 Conference can be found online at:

<https://learn.iscd.org/2025>

### Guidelines:

Best Case submissions for this meeting will describe original findings of clinical or scientific merit and relate to osteoporosis and/or fracture prevention, fall prevention, team-based care, skeletal imaging, diagnosis, or treatment, and align with one of the following themes:

- Best Practices for Multidisciplinary Care Coordination
- Best Practices for Osteoporosis Management
- Bone Densitometry or Body Composition
- Central DXA: (DXA, TBS)
- Clinical Studies and Observations
- Leadership in Osteoporosis Management
- Diagnosis and Risk Assessment
- Epidemiology, Economics and Public Health
- Exercise, Rehabilitation and Fall Prevention
- Morphometric Measurements: (Body Composition, Vertebral Fracture Recognition, Hip Geometry)
- Non Central DXA: (QCT, pQCT, QUS, pDXA, FEA)
- Quality Improvement Projects (including office- or unit-based projects)



- Skeletal Imaging and Diagnosis
- Socio-behavioral Medicine and Quality of Life
- Therapeutics and Treatment Adherence

#### Criteria:

The following specific criteria will be used when selecting Best Cases for the 2025 ISCD Conference on Skeletal Health Assessment:

1. Educational value/Interesting case
2. Brief description of the case and evaluation/treatment including best practice and standard of care
3. Conclusions, emphasizing implications for clinical or educational practices, and recommendations for future patients

#### Submission via DXA Atlas:

Best Cases must be submitted through the ISCD DXA Atlas. **Submissions are open to both members and non-members during the open dates listed above** (however only members can view submissions). Please follow these steps to submit your Best Case:

- DXA Atlas: <https://iscd.org/iscd-dxa-atlas/>
- Click on the “Submit A Case” button
- Select number of images to be included with your submission (2, 4, 6)
- Click “Start your Submission”
- Enter the following (required):
  - Name
  - Email
  - Title
  - Case Description
  - Credit
  - References (optional)
  - Notes (optional)
  - Category (**MUST** Select “Boston 2025-Best Cases” to ensure proper review)
  - Upload images and add captions
  - Click “Submit”

#### Review & Selection Process:

- The Boston 2025 Conference Committee will review all cases
- The Committee will select and notify the winner(s)



- The DXA Atlas Committee will then review all cases, make edits, etc., for final inclusion in DXA Atlas
- A final copy of the winning case will be published on the Conference website

### **Best Case submissions should showcase:**

1. Novelty. Cases should be new or out of the usual, conveying information that meeting attendees do not frequently see in general practice.
2. Images of high quality and resolution. Viewers must be able to clearly see the areas of interest. Labels should be used as appropriate.
3. Cases that provide educational value. Viewers should be able to gain knowledge by viewing the cases even if the subject matter is not in their usual area of practice.
4. Cases that demonstrate overall merit, are well-written and easily understandable to all meeting attendees.
5. Cases that are free of any Patient Health Information (PHI). (Any case containing such information will be destroyed.)

### **Who Should Submit?**

Residents, students, trainees and fellows, advanced practice clinicians, nurses, and technologists are strongly encouraged to submit Best Cases.

### **Qualifications and Eligibility:**

All authors must adhere to the following when submitting a Best Case for the 2025 Conference:

1. For scientific studies, the research described in the case complies with the guiding principles for experimental procedures written in the Declaration of Helsinki of the World Medical Association and the NIH Guide for the Care and Use of Laboratory Animals, 1985, and refers to the policy established by your Institutional Review Board.
2. All authors (submitting and contributing) must provide appropriate disclosures through the ISCD website at: <https://iscd.org/2024-cme-disclosure-of-financial-relationships/>
3. Submitters are encouraged to attend the conference: <https://learn.iscd.org/2025>
4. Authors of a case describing a study funded by an organization with a proprietary or financial interest must identify the organization and affirm that they had full access to all the data in the study. By doing so, the authors accept complete responsibility for the integrity of the data and the accuracy of the data analysis.
5. Best Cases submitted and accepted may be published in the *Journal of Clinical Densitometry* (JCD).